

31 N. Kellogg St., Galesburg, Illinois 61401  
Phone (309) 343-8806  
Tues. - Fri. 10am - 6pm, Sat. 10am - 4pm  
innerwisdom@bbwave.net  
**innerwisdombookstore.com**



## *Calendar of events for February 2010*

### **February Yoga at Inner Wisdom**

#### **INTRODUCTORY & CONTINUING YOGA with LAURA BUSH-COLLINS**

4 week session Tuesdays 5:30 - 6:30pm, February 2, 9, 16, 23  
\$35.00 / session, \$10 drop in - Limit 12 students.  
Student rate available with proper ID, please inquire within.  
*Please email or call in advance to register.*

#### **THURSDAY MORNING YOGA with LAURA BUSH-COLLINS**

4-week session, Thursdays 10:00 - 11:00am, February 4, 11, 18, 25  
\$35.00 / session, \$10 drop in - Limit 12 students.  
Student rate available with ID, please inquire within.  
*Please email or call in advance to register.*

#### **THURSDAY EVENING YOGA with CHRIS ITA**

4-week session, Thursdays 5:30 - 6:30pm, February 4, 11, 18, 25  
\$35.00 / session, \$10 drop in - Limit 12 students.  
Student rate available with ID, please inquire within.  
*Please email or call in advance to register.*

#### **SATURDAY MORNING YOGA with SALLY SCOTT**

4 week session Saturday 10:00 - 11:00am, February 6, 13, 20, 27  
\$35.00 / session, \$10 drop in - Limit 12 students.  
Student rate available with ID, please inquire within.  
*Please email or call in advance to register.*

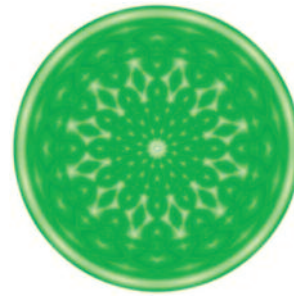


*Jessie Bledsoe*  
is our new  
massage therapist.  
Give us a call to set up  
an appointment with  
her. 343-8806



## **CHAKRA CLASS** *Facilitated by Becky Cobb*

Thursday February 18, 5:30 – 6:30pm  
We will be learning about the fourth chakra, the Heart Chakra  
Location - Middle chest  
Color - Green or Pink  
Element - Air  
Stones - emerald, rose quartz, jade  
Oils - Clove, rose, jasmine, tarragon  
Sense - Touch  
Each class will involve a unique experiential exercise.  
Class fee - \$10



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## **the RECONNECTION**

\$69 per session - by appointment  
*Leann McWhorter*

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## **REFLEXOLOGY**

\$30 per 1/2 hour, \$45 per 3/4 of an hour  
- by appointment  
*Becky Cobb - Reflexologist*

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## **PAST-LIFE REGRESSION**

Fees are by freewill love donation - by appointment  
*Polly K. Mannon, certified in past-life regression therapy*

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## **REIKI**

\$45 per session - by appointment  
Anita Fordyce or Lianna Ita

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## **SOURCE RECONNECTION**

\$90 per session - by appointment  
Lianna Ita

### **Recession Proof Yourself Learn the laws of abundance and attraction**

Rev. Lea Chapin will present a six-week one-hour teleconference class in which you will learn how to put the Laws of Abundance and Attraction to work for yourself. You will learn techniques to manifest everything you've ever desired. We'll have her guidance and that of Archangels and other guides who will be part of this upcoming series of classes. The six-week class will begin Wednesday, February 3 and go through March 10, 2010 at 8:00pm EST. The fee is only \$10 per class. You may want to take advantage of a 10% discount by paying in advance for all six classes.

For more details regarding the teleconference class, please contact the instructor, radio personality and channel, Rev. Lea Chapin at 727-302-0437, or email her at [LeaChapin@verizon.net](mailto:LeaChapin@verizon.net).

***The most beautiful things in the world cannot be seen or even touched,  
they must be felt by the heart.*** - Helen Keller

*Namaste*